

Southend Health & Wellbeing Board

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Southend Borough Council

to

Health & Wellbeing Board

on

22nd January 2020

**Agenda
Item No.**

Report prepared by:

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Council Children's & Public Health

For discussion	x	For information only	Approval required	x
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Teenage Pregnancy and Young Parents Recommendations from the Deep-Dive

2019/20

Part 1 (Public Agenda Item)

1 Purpose of Report

The purpose of this report is as follows;

To share with the Health & Wellbeing Board, the high level outcomes from the deep dive into teenage pregnancy and young parenthood in Southend.

2 Recommendations

- 2.1 To adopt the recommended strategic approach from Public Health England in developing a whole system approach to teenage pregnancy prevention and support for young parents – (please see Section 6 below). A draft high level Implementation Plan will be brought to the Health and Wellbeing Board in March 2020
- 2.2 To establish a Teenage Pregnancy and Young Parents Board with senior leadership and key elected members to:
 - bring together a full range of services and organisations involved in the delivery and commissioning of the teenage pregnancy and young parenthood pathways
 - deliver a whole system approach to teenage pregnancy prevention and support of young parents
 - adopt a clear governance framework

3 IMPACT OF EFFECTIVE TEENAGE PREGNANCY PREVENTION

- 3.1 The Teenage Pregnancy and Prevention Framework is informed by the most up to date international evidence on preventing early pregnancy and the learning from the Teenage Pregnancy Strategy on how to translate the evidence into a whole system approach. Applying the 10 key factors for an effective strategy has been key to reducing rates and continues to be relevant in the current commissioning landscape.
- 3.2 The Framework is designed to help local areas review their local programmes to see what's working well, identify any gaps, and help maximise the assets of all services and practitioners to strengthen the prevention pathway for young people. It is a companion document to the multi-agency 'Framework for supporting teenage mothers and young fathers', published by PHE and LGA in 2016 and updated in 2019.
- 3.3 The Framework can be used flexibly according to each local area's need. This might be a review of the whole local authority programme, or of the prevention work in smaller geographical areas with high rates. It can also be used to explore one or more of the 10 key factors. For example, targeted support for young people at risk, or relationship and sex education (RSE) in preparation for statutory status in 2020.
- 3.4 The Framework provides a short summary of each of the 10 factors, key questions to be considered, and links to relevant policies and helpful resources.
- 3.5 Strategic leadership and accountability have been central to success in those areas with the highest reduction in under 18 conception rates. A successful decrease in local under 18 conception rates can result in lowering the priority to focus on prevention, and risks rates increasing. Strategic leadership and accountability is required to maintain reduced rates and provide challenge for further reductions.

4 BACKGROUND TO THE DEEP DIVE INSIGHTS

- 4.1 The overall outcomes from the insights into Southend's local picture will help develop a plan that: continues a downward trend in teenage conceptions, prevents unintended pregnancy from occurring and improves outcomes for young parents and their children.
- 4.2 The aim of the insights gained from the deep dive was to: have greater knowledge about the current local pathways for teenage pregnancy, to benchmark Southend against the 10 key components in Public Health England's (PHE) Teenage Pregnancy Prevention Framework; to understand the journey and vulnerabilities of the young person entering parenthood and assess if these are in line with nationally recognised inequalities.

4.3 For those young parents requiring support: to assess the current pathways with the aim of improving relationship and connections between services, reducing duplication and 'silo' working and identifying gaps and opportunities.

4.4 The deep dive involved:

- A self-assessment against PHE Teenage Pregnancy Prevention Framework
- Review of the local data with the regional Teenage Pregnancy Advisor
- A stakeholder partnership workshop led by the regional Teenage Pregnancy Advisor
- Review of the teenage pregnancy case load and pathways as a snap shot point in time for services involved and journey data
- Table top review of access and the termination service offer (ongoing)
- Deep dive into 38 Family Nurse Partnership families to assess vulnerabilities and inequalities in 38 mothers
- 2 reflective accounts from young parents presented with their Family Nurse at the Family Nurse Partnership Board. One additional case presented by the Family Nurse where a parent was unable to remain with her child.
- Workshop with young parents engaged with the Family Nurse Partnership
- School & Student Health Education Unit Survey (SHEU)- interim report from 1,462 year 8 and year 10 pupils, about their knowledge and confidence on the sexual health and relationship education they have received
- Self- assessment against statistical neighbours where teenage conception rates and termination uptake rates were better than Southend- table top exercise (ongoing)

4.5 The deep dive self-assessment and other activities included a wide range of partners and stakeholders, including:

- A Better Start Southend
- Early Help Adolescent Intervention Prevention Team (AIPT)
- Early Help Teenage Pregnancy Officer
- Youth Offending Service
- Young People's Drug & Alcohol Team (YPDAT)
- Children's Services
- Early Years
- Health Visiting – Southend on Sea Borough Council
- School Nursing
- Healthy Schools
- Education Access & Inclusion
- Family Action
- Family Nurse Partnership – Essex Partnership University NHS Foundation Trust
- Maternity & Women's Services– Southend University Hospital NHS Foundation Trust
- Southend Sexual Health Service – Provide & Southend University Hospital NHS Foundation Trust

- Integrated Commissioning- Sanctuary Housing & Termination Commissioning
- Marie Stopes International
- PHE Teenage Pregnancy Advisor
- Essex Police

4.6 This work has not yet included feedback from individual school and colleges outside of the SHEU survey.

4.7 The local sexual health service has recently faced significant challenges with a change to service offer in 2019 and site difficulties. Direct insight work has not taken place with the service due to interim arrangements; however it is clear from data and insights that young people are taking up the service.

5. AREAS IDENTIFIED THROUGH THE DEEP -DIVE FOR FURTHER DEVELOPMENT AND IMPROVEMENT

5.1 There was clear evidence of best practice, however the deep dive identified elements in all areas of the PHE's 10 point approach to prevention of teenage pregnancy that could be strengthened and improved.

5.2 Areas identified for further work:

- The high number of young parents with emotional wellbeing issues and significant vulnerabilities
- The high level of domestic abuse in families, domestic abuse in young parents relationships and the number of young people who identified abuse in relationship through the SHEU survey
- The number of young people who became parents, where there was issues with education i.e. a history of non-mainstream education provision, poor attendance, moved schools several times
- The high level of young parents not in education, employment or training (NEET) between ages 16-18 years
- The low number of young people reporting through SHEU survey who knew where to access sexual health or contraceptive advice/clinic and who had knowledge about STIs and contraception
- The impact of the changes made to the local Sexual Health Service offer this year, and the current challenges with access
- Lack of marketing and communications of the local sexual health offer to young people

- No access to high street emergency contraception
- No condom scheme in non-health settings
- Transition issues for young parents when they moved from Children's to Adult services at 18+
- Need for greater multi-agency working and a clear lead agency for teenage parents
- Need to map the two termination of pregnancy pathways alongside the sexual health pathway to ensure timely consistent place based services

6 The 10 KEY FACTORS FOR ADDRESSING TEENAGE PREGNANCY AND RECOMMENDATIONS

6.1 Public Health England has identified 10 key factors when addressing teenage pregnancy in a system based way and these have been incorporated into recommendations based on learning and insight gained through the deep dive for Southend:



6.2 Identify clear **strategic leadership and accountabilities** through the re-establishment of a teenage pregnancy and young parent board including prevention, intervention and commissioning arrangements with an Elected Member as chair.

6.3 Ensure **Youth Friendly contraception and sexual health services** using the existing framework to assess services against the 7 proposed You're Welcome standards developed with young people supported by PHE, NHS England and the Department of Health

- Involving young people in their care and in the design, delivery and review of services
- Explaining confidentiality and consent
- Making young people welcome
- Providing high quality health services
- Improving staff skills and training
- Linking with other services
- Supporting young people's changing needs

6.4 Ensure **Youth Friendly contraception and sexual health services** by developing a **condom scheme** that is effectively and accessible in non-health settings.

6.5 Review the targeted prevention offer for young people at risk, taking a trauma informed approach to optimise prevention in:

- Children Looked After
- Children at risk for Criminal/Child Sexual Exploitation
- Young people falling outside mainstream schools
- Electively Home Educated
- Poor attenders for school or those not meeting expected progress at 11-14 years with other risk factors
- Young people who have special education needs (SEN)
- Young people who have moved schools multiple times

6.6 Develop a programme with support from schools/colleges, School Nursing, Sexual Health Services and Healthy Schools to **support parents to discuss relationship and sexual health** with their children & young people.

6.7 Develop a workforce strategy that includes **training in relationships and sexual health for health professionals and non- health professionals** to ensure a highly confident and informed workforce.

6.8 Build a range of opportunities for **advice and support with contraception in non- health, education and youth services** – as part of the universal and targeted offer for prevention.

6.9 Ensure **consistent messages and service publicity to young people, parents and practitioners to ensure that services** are easy to identify, access and well published in Southend through a robust marketing and communication strategy

- 6.10 Support for **pregnant teenagers and young parents including prevention of subsequent pregnancies** by ensuring pathways are integrated and accessible and that connections are established for multi-agency working and information sharing meeting.
- 6.11 Review and redesign **data collection** at service level across all relevant organisations, to tell a story through data insight and intelligence as part of the Joint Strategic Needs Assessment.
- 6.12 Ensure that **school based relationship and sex education in schools and colleges** are a high quality and that those young people not accessing mainstream education are provided access, advice and guidance and an opportunity to explore and learn healthy relationships.

7 NEXT STEPS

To develop a multi-agency prevention and implementation plan based on the 10 key priority areas from PHE’s Teenage Pregnancy Prevention Framework, incorporating best practice from PHE’s Teenage Mothers and Young Fathers Support Framework.

8 FINANCIAL / RESOURCE IMPLICATIONS

8.1 None at this stage

9 LEGAL IMPLICATIONS

9.1 None at this stage

10 EQUALITY & DIVERSITY

Pregnancy and maternity are protected characteristic and fall formally under the Equality Act in addition to age. Young Parents face many adversities and there are well recognised inequalities for both young parents and children of young parents.

11 APPENDICES

Appendix A – Teenage Pregnancy Prevention Framework	 Teenage_Pregnancy_Prevention_Framework
Appendix B – PHE Young Parents Support Framework	 PHE_Young_Parents_Support_Framework_